

What Every Parent Must Know About Teen/Tween Brain Development

How to help children be
safe, healthy and substance-free
through the middle and high school years

Amherst Regional High School Library

**Thursday,
September 22nd
7:00 PM**



- Free and open to the public
- Q&A to follow
- Childcare and light refreshments
- For more information
or to sign up for childcare,
please contact ARHS at 362-1700

Dr. Ruth Potee

is a nationally featured speaker and recognized expert in the area of adolescent brain development and its impact on teenage risk taking, including alcohol and substance abuse. She blends scientific research with hands-on understanding of the challenges of raising healthy teens. She practices family medicine in Greenfield, and is Chair of the Healthcare Solutions Opioid Task Force of Franklin County.